



**UNITED VISION ACADEMY SDN BHD**  
(Company Registration No: 1229709-H)  
No: 22-01, Jalan Pertama 1,  
Pusat Perdagangan Danga Utama,  
81300 Skudai. Johor Bahru. Johor. Malaysia  
Tel: +607-5578816 / +607-5576066  
Email: [cs@uvacademy.edu.my](mailto:cs@uvacademy.edu.my)

---

## **DISC**over the Strength In You L.1 (1-Day Workshop)

---

### Module 1: What is my Interpersonal Style?

---

Focus on:

- What is DISC Personality System?
- % of DISC people
- Characteristics of the different blends and special patterns
- Understanding your public self, perceive self, private self.
- Who Am I? Who Are They?
- Experiential Activity I

### Module 2: How effective am I in my interpersonal and team skills?

---

Focus on:

Understanding the differences in one's interpersonal style and how they impact the group:

- Discovery of personal strengths and limitations in the area of interpersonal skills at workplace.
- Communicating to the different styles
- Discover how others see you, what lenses you put on to see others?
- How to speak the same language with people you first meet?
- Experiential Activity II

### Module 3: How Good Is Your Selling Skill?

---

Focus on:

Understanding the differences in one's interpersonal style and how they impact the group:

- Discovery of personal strengths and weaknesses in the area of interpersonal skills at workplace.
- Communicating to the different DISC styles
- Understanding your preferred team roles and the characteristics of each role.
- Assessing my challenge skills.
- Assessing my team skills
- Experiential Activity III



**UNITED VISION ACADEMY SDN BHD**  
(Company Registration No: 1229709-H)  
No: 22-01, Jalan Pertama 1,  
Pusat Perdagangan Danga Utama,  
81300 Skudai. Johor Bahru. Johor. Malaysia  
Tel: +607-5578816 / +607-5576066  
Email: [cs@uvacademy.edu.my](mailto:cs@uvacademy.edu.my)

---

## Module 4: Face Your Fear

---

### Focus on:

- What is fear?
- Identify your fear
- What caused you to fear?
- Change yourself to change your life

### Trainer:

**Miss Toh Chaz Yee**

### Qualifications:

- Masters Deg. in Occupational Psychology (U.K.)
- Bachelor Deg. in Psychology (U.K.) λ International Diploma in Montessori (MCI, London)
- Certified Behavioural Consultant (D.I.S.C.) (IML, U.S.A)
- Certified Career Consultant (U.S.A) Current Designations:
- Organisation Development Specialist (Talaz Rich) λ Principal at Clover Learning Centre
- Founder and Advisor for Clover Leaders Club
- Consultant & Trainer for GEM Education Group

She worked in a multi-national company as an industrial psychologist and organizational development specialist for the Asia Pacific region. She designed new hire orientation program, managed e-learning accounts for the Asia Pacific region. She also analysed data for managerial profiling. After her service at the corporate level, she expands her knowledge and pursue another area of psychology in the education, first focusing in the Early Childhood development and then the psychology of parenting and teachers' training. She is now back at corporate doing leadership training and development.